

COMMUNITY RESOURCES

FOR ATHLETES, COACHES AND STAFF

GENERAL COUNSELING/MENTAL HEALTH

PREMIER SPORT PSYCHOLOGY

952.835.8513 (office)

INNOVATIVE PSYCHOLOGICAL CONSULTANTS

Dr. Chris Anderson

763.416.4167

EATING DISORDERS

MELROSE CENTER (MULTIPLE LOCATIONS)

Park Nicollet

952.993.6200

ADDICTION

HAZELDEN BETTY FORD (MULTIPLE LOCATIONS)

800.257.7810

MENTAL HEALTH CRISIS

CRISIS CONNECTION

612.301.4673 (612.301.HOPE)

NATIONAL SUICIDE PREVENTION HOTLINE

800.273.8255 (800.273.TALK)

HENNEPIN COUNTY ACUTE PSYCHIATRIC SERVICES

612.873.3161

FAIRVIEW RIVERSIDE BEHAVIORAL EMERGENCY CENTER

612.672.6600

RAMSEY COUNTY ADULT MENTAL HEALTH

651.266.7900